

ANNUAL REPORT (2022-23) National Services Scheme(NSS)

The NSS unit of M.P.V Valia College has been extensively working to promote a holistic development environment for its student volunteers in preparation of their future, with an emphasis on community services. The session of 2022-23 has been fruitful under the guidance of the NSS Program Officer who led the team to explore innovative ways to give back to the community. He was assisted by Office Bearers and Group Leaders, who had been selected for their positions based on a vivid history of selflessness, experience, and a strong work ethic:

JUNE-2022

The NSS team celebrated days like Shivratri, Abhishek Din, Polio Immunization, Yoga Utsav, Yoga Day, Say no to drugs yes to life in the month of June which was a great start for the academic year.

JULY-2022


With civilians still owing to the pandemic, the idea of getting them recovered from the pandemic was pivotal in the month of July. So the NSS team conducted a recovery programme in which the civilians were taught how to recover oneself post covid era. To create awareness among the people and making them aware and teaching them the habit of hygieness the NSS unit conducted a handwash rally to create impact among the local civilians.

AUGUST-2022

Furthermore, respect for the nation wasn't forgotten in this month of independence. The team made a way for expressing patriotism by conducting a poster making competition and other events in light of Azadi Ka Amrit Mahotsav. Different events like singing competition, paper bag making, essay and poem writing, elocution competition, drawing competition, Tirangaa Rally and Har Ghar Tiranga Campaign were undertaken. In addition to all these patriotic events the unit also conducted events like nutrition diet seminar, tree plantation, road cleaning, Say no to Smoking.

SEPTEMBER-2022

September proved to be another busy month for the team, as the team organized beach cleaning drive, breast cancer awareness, coastal clean up drive, leadership and soft skill training programme, garden cleaning, paper bag making, and finally the team visited Dada Dadi Park.



Incharge Principal
Matushri Pushpaben Vinubhai
Valia College of Commerce
NAAC Accredited
Borivali (West). M. 4-400 092.

OCTOBER-2022

The volunteers geared up for a wider mix of activities as they stepped into the month of October. The month was started by conducting events like Nasha Mukta Bharat, Swachh Bharat Abhiyan, organizing Bhajan Sandhya, rally for green and clean India, paper bag making, creating awareness about electricity consumption and Rashtriya Ekta Diwas rally.

NOVEMBER-2022

The Vigilance Awareness Week concluding at the beginning of November was followed by a creative burst of events at NSS. Different activities like road cleaning, dengue and malaria awareness campaign, Nrutyavishkar, Mazi Mumbai Swachh Mumbai Drive, Anti Dowry Rally, Road Safety Measures rally, and the month was concluded with Swachh Bharat Pledge.

DECEMBER-2022

The last month of 2022 brought with it innovative activities which were both fun and left behind a learning. The month was started with organizing World's Aids Day Rally, waste segregation, the team enthusiastically welcomed the NAAC PEER TEAM which happened to visit the college, cybercrime workshop was also organized, pledge was taken for Swachh Bharat, Organ Donation Rally, visit to Shanti Daan, Breast Cancer awareness in adopted village, and the month concluded with say no to plastic rally.

JANUARY-2023

2023 began with a fresh wave of participation in classroom cleaning, Alcohol awareness programmed, self defense seminar of 3 days was organized.

FEBRUARY-2023

The NSS Unit stepped into February with a new determination, the same vision of community service and a more zealous outlook. Events like school cleaning, creating awareness of sanitary pad in villages. The team visited old age home and gave them laughter therapy, and awareness of health and hygiene in slum areas, and the month concluded with techniques to cope with stress for school children.

MARCH-2023

The last event by the NSS unit was TB Awareness Day celebration where people were given information about TB.

(Mr.Parth Thakar / Ms.Chetna Kukrety)
Programme Officer



Prof.V.Manikandan
Principal Incharge

Incharge Principal

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Matushri Pushpaben Vinubhai Valia College of Commerce

Annual Report for DLLE for Academic year 2022-2023

The members of DLLE department of our college for academic year 2022-2023 are as under:

1. Prof. Prapti Vyas – Extension Teacher

2. Prof. Rajvee Dhakan – Extension Teacher

DLLE Extension Work Activity for academic year 2022 – 2023 for 120/240 hours has been successfully completed by 54 out of 119 students of the college enrolled for the Extension Work Activities.

During the academic year various events were organized and attended by students.

List of activities conducted in the year 2022 – 2023:

Sr. No	Date of the event	Name of the Event	No of Participants
1	09/08/2022 – 15/08/2022	Azadi Ka Amrit Mahotsav	18
2	29/09/2022	First term training program	55
3	01/10/2022	Poster making – Gender sensitization	37
4	10/12/2022	Elocution competition – World Human Rights Day	25
5	01/02/2023	Second term training program	28
6	02/02/2023	READ – A - THON	18
7	03/02/2023	Creative Writing	14
8	04/02/2023	World Cancer Day	62
9	11/02/2023	UDAAN FESTIVAL	15
10	10/03/2023	Workshop on Cyber Crime and General Crime Awareness	Entire college students

The detailed report of individual event and outcome of each individual event is also enclosed herewith.

Prof. Prapti Vyas

Extension Teacher

Prof. Rajvee Dhakan

Extension Teacher

Prof. V. Manikandan

Principal Incharge





THE BORIVLI EDUCATION SOCIETY'S
**Matushri Pushpaben Vinubhai
Valia College of Commerce**

मातुश्री पुष्पाबेन विनुभाई वालिया वाणिज्य महाविद्यालय

Affiliated to University of Mumbai • NAAC Accredited

M. K. School Complex, Factory Lane, Borivli (W), Mumbai-400092. Tel.: 28985320
Email: vallacollege07@yahoo.com • www.mpvvallacollege.in



College Code : 406 • MS - 50

SUMMARY OF THE EVENTS CONDUCTED IN 2022-23

1. YOGA DAY

It was held on 21st June for all the students

- to help them to increase concentration ,
- to improve strength, balance and flexibility and
- to reduce stress and anxiety

2. SAFETY AND SECURITY MEASURES (POCSO ACT)

A workshop was conducted on Women Safety and POCSO Awareness programme on 24th September, 2022 by Ms. Unnati Thakar (Mumbai police Crime Branch).

Ms. Unnati shed light on various cases all across India, highlighting and giving us a deeper insight into the stance of the POCSO Act. She also mentioned that anyone going through abuse should be able to report it and should be aided with help, not only physically or mentally but also legally.

3. HEALTH AWARENESS WORKSHOP

Guest lecture on Breast Cancer Awareness was conducted on 17th December 2022, by Dr. Kajol Mangle (Tata Memorial).

This Awareness Campaign has brought clear understanding amongst the students about the Self Detection Methods which was the highlight of the session and made them realize that health is of utmost importance.

4. GENDER SENSITIVITY

On account of National Girl Child Day on 24th January 2023, a fancy dress competition was organized "Strength has no Gender".

The event was organized to encourage and motivate young girls towards changing Scenario of the society. Students had dressed as famous woman personalities from different areas of society and displayed Gender Equality and women Empowerment

5. SELF DEFENCE WORKSHOP

Three Days Self-Defence Workshop was conducted on:

* **28th January 2023:** A Guidance lecture was conducted by Adv. Ms. Bhoomika Dhinojia on "Self-Defence A Human Right." She had shared various cases related to issues faced by women all across India and the legal procedure to be undertaken. It was a Brain-storming session.

* **30th January 2023:** An Awareness Session was conducted by Ms. Unnati Thakar (Mumbai Police) on "Bare Hands Defence – Learn Self Defence." Ms. Unnati had guided students in various ways and spoke about do's and don'ts of working with the other gender and demonstrated techniques as to how to tackle in critical situation with the available handy stuff.



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* **31st January 2023:** A Workshop was conducted on "Self Defence Is No Offence" by Mr. Mahesh Navale (Nirbhaya Squad Karate Coach, Mumbai Police). Mr. Mahesh had trained students with different tactics like Survival Tactics, Situation Reaction Tactics, and Anti Rape Tactics etc. Overall it was an energetic and eye opener event for all of us. Students have also learnt basic self defence techniques which is useful in day to day life. Participation certificates were provided to all students.

6 WOMEN'S DAY CELEBRATION

Three Days festivities was conducted on Account Of International women's Day

* **8th March 2023:** "Greeting Card making competition" was organized to portray a feeling of respect towards woman through card making

* **9th March 2023:** "Poster making Competition" was organized to spread awareness about the significant role of woman in each one's life

* **10th March 2023:** "Essay Writing Competition" was organized to make students express their feelings and thoughts about the women empowerment through their beautiful and thoughtful Essays.

Participation certificates were provided to all students.

7 CYBER CRIME: SAFETY AND SECURITY MEASURES

A Guidance lecture was conducted on 11th March 2023 on "Cyber Crime and General Crime – karo duniya mutthi mein" by Mr. Vijay Madaye (Senior Inspector Mumbai Police)

Mr. Vijay Madaye had shared many cases with the students and made them realize their responsibility towards society by keeping oneself alert and informing police on right time to enable them to take right action on time.

Neelam
Prof. Neelam Dixit
W.D.C. Convenor